The Catania Hospitality Group is family owned and operated with a deep concern for the environment. The following practices are currently in place at:

- Five Hearth 'n Kettle Restaurants throughout southeastern Massachusetts
- The John Carver Inn & Spa in Plymouth
- The Cape Codder Resort & Spa in Hyannis
- The Dan'l Webster Inn & Spa in Sandwich
- Beach Plum Spas in Plymouth, Hyannis, and Sandwich

- Linen Re-use Program in all hotel guestrooms
- Energy efficient LED light bulbs and timer switches used to reduce waste of electricity
- Paper recycling containers in all hotel offices
- Cardboard recycling
- Recyclable tote containers used for produce storage to minimize need for cardboard boxes
- Recycling bins for guest use in Cape Codder Residence Club
- Water reduction program using low-flow toilets and showerheads
- Biodegradable toiletries in hotel guestrooms
- Ozone air filters in some room types
- Energy provided by a Co-generation unit in some locations, resulting in a reduction of carbon dioxide emissions (by up to 70%) and nitrogen oxides
- Low chemical gardening practices
- Use of High Intensity UV Light technology for swimming pool water quality maintenance, providing the highest level of sanitation while reducing the amount of chlorine required.
- The Beach Plum Spas feature products that are all natural or 100% certified organic.
- The Hearth 'n Kettle Restaurants feature many organic menu options and “Buy Local” whenever possible.
- Fryer Oils are recycled in a fryer oil reclamation program.